

## Full Report (All Nutrients) 45014770, BIT-O-HONEY, UPC: 095248807290

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**Report Date: May 10, 2017 20:30 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Lehi Valley Trading Company, Inc.

Nutrient	Unit	Data points	Std. Error	1 oz 28g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	110	393
Protein	g	--	--	1.00	3.57
Total lipid (fat)	g	--	--	2.00	7.14
Carbohydrate, by difference	g	--	--	23.00	82.14
Fiber, total dietary	g	--	--	0.0	0.0
Sugars, total	g	--	--	13.00	46.43
<b>Minerals</b>					
Calcium, Ca	mg	--	--	20	71
Iron, Fe	mg	--	--	0.00	0.00
Sodium, Na	mg	--	--	85	304
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	1.501	5.360
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

### Amino Acids

### Other

### Ingredients

CORN SYRUP, SUGAR HYDROGENATED COCONUT OIL, NONFAT MILK, ALMONDS AND LESS THAN 2% OF HONEY, SALT, EGG WHITES, CANOLA AND/OR SAFFLOWER AND/OR PALM OIL, MODIFIED SOY PROTEIN. NATURAL FLAVOR, TBHQ AND CITRIC ACID (TO PRESERVE FRESHNESS). *Date Last Updated by Company: 03/17/2015*